



MARCH 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><i>Fox Trail Memory Care Living</i> 205 Rock Avenue Green Brook NJ 08812</p>			<p>1 National Peanut Butter Day! 9:30 Coffee & News 10:30 Coloring 11:00 Relaxation & Refreshments 12:00 Spaghetti Feast Luncheon 2:00 Arm Chair Travel Naples Italy 3:00 Social Mixer 4:00 Meal Prep and Dinner</p>	<p>2 Dr. Seuss's B-Day! 9:30 Simon Says 11:00 Enjoyable Snacks 1:30 Sing-A-Long 2:00 Name That Scent ? 3:00 Social Hour 4:00 Ball Toss 6:00 Family Movie</p>	<p>3 National Anthem Day! 9:30 Chair Exercises 11:00 Enjoyable Snacks 1:00 Sing-A-Long 2:00 Finish The Sentence 3:00 Fresh Fruit Social 4:00 Singing Time 6:00 Family Movie</p>	<p>4 National Pound Cake Day! 9:30 Stretching With Ann 11:00 Enjoyable Snack 1:00 Balloon Badminton 2:00 Baking Fun 3:00 Red Velvet Cake Social 4:00 Scrapbooking 6:00 Family Movie</p>
<p>5 National Cheese Doodle Day! 9:30 Spiritual Time 10:45 Coffee & News 11:00 Reflection Time 1:00 Afternoon Painting 3:00 Social Gathering 4:00 Sports Watch 6:00 Movie Time</p>	<p>6 9:30 News and Brews 10:30 Aromatherapy 11:00 Relaxation and Refreshments 1:30 Reader Digest 3:00 Hot Chocolate Social 4:00 Author's Corner 6:00 Classic TV</p>	<p>7 National Flapjack Day! 9:30 Morning Exercise 11:00 Relaxation/Refreshments 1:00 Hand Massage /Nail Care 2:00 Bake Off 3:00 Afternoon Tea 4:00 Let's Read 6:00 Meet The Parents Movie</p>	<p>8 Womens Day! 9:30 Meet & Greet 10:30 Puzzles 11:00 Relaxation and Refreshments 1:00 Van Martin PLAYS 3:00 Social Mixer 4:00 Charades 5:00 Dinner &New Movie Premiere</p>	<p>9 9:30 Toss Ball 10:30 Name 10 Trivia 11:00 Enjoyable Snacks 1:00 Classic Movie 3:00 Fresh Fruit Social 4:00 Let's Play Cards/Board Game</p>	<p>10 9:30 Morning Joe & News 11:00 Relaxation & Treats 1:00 Deal or No Deal Show 2:00 Name That Tune 3:00 P:izza Party 4:00 Short Stories 6:00 Family Movie</p>	<p>11 9:30 Simon Says 11:00 Enjoyable Snacks 1:30 Sing-A-Long 2:00 Name That Scent ? 3:00 Social Hour 4:00 Ball Toss 6:00 Family Movie</p>
<p>12 Daylight Savings Time! 9:30 Spiritual Time 10:45 Coffee & News 11:00 Reflection Time 1:00 Afternoon Painting 3:00 Social Gathering 4:00 Sports Watch 6:00 Movie Time</p>	<p>13 9:30 Balloon Volleyball 10:30 Aromatherapy 11:00 Relaxation/Refreshments 1:00 Afternoon Matinee 3:00 Snacks Galore 4:00 Arts and Crafts 5:00 Dinner & Movie</p>	<p>14 9:30 Dancing w/ Colorful Scarves 10:30 Movement to Music 11:00 Refreshments/Relaxation 1:00 Balloon Volley 2:00 Poetry Flow 3:00 Snack Bar 4:00 Round Table Talk</p>	<p>15 9:30 Coffee & News 10:30 Coloring 11:00 Relaxation & Refreshments 12:00 Spaghetti Feast Luncheon 2:00 Arm Chair Travel Naples Italy 3:00 Social Mixer 4:00 Meal Prep and Dinner</p>	<p>15 9:30 Coffee & News 10:30 Coloring 11:00 Relaxation & Refreshments 12:00 Spaghetti Feast Luncheon 2:00 Arm Chair Travel Naples Italy 3:00 Social Mixer 4:00 Meal Prep and Dinner</p>	<p>17 St. Patrick's Day 9:30 Chair Exercises 11:00 Enjoyable Snacks 1:00 Sing-A-Long 2:00 Finish The Sentence 3:00 Fresh Fruit Social 4:00 Singing Time 6:00 Family Movie</p>	<p>18 Sloppy Joe Day 9:30 Sit & Be Fit Exercise 11:00 Enjoyable Snacks 1:30 The Andy Griffith Show 2:00 Mix & Match Items 3:00 Cheesecake Social 4:00 BINGO 6:00 Family Movie</p>
<p>19 Certified Nurses Day! 9:30 Spiritual Time 10:45 Coffee & News 11:00 Reflection Time 1:00 Afternoon Painting 3:00 Social Gathering 4:00 Sports Watch 6:00 Movie Time</p>	<p>20 9:30 News and Brews 10:30 Aromatherapy 11:00 Relaxation and Refreshments 1:30 Reader Digest 3:00 Hot Chocolate Social 4:00 Author's Corner 6:00 Classic TV</p>	<p>21 9:30 Morning Exercise 11:00 Relaxation/Refreshments 1:00 Hand Massage /Nail Care 2:00 Bake Off 3:00 Afternoon Tea 4:00 Let's Read 6:00 Meet The Parents Movie</p>	<p>22 9:30 Meet & Greet 10:30 Puzzles 11:00 Relaxation and Refreshments 1:00 Van Martin PLAYS 4:00 Charades 5:00 Dinner &New Movie Premiere</p>	<p>23 9:30 Toss Ball 10:30 Name 10 Trivia 11:00 Enjoyable Snacks 1:00 Classic Movie 3:00 Fresh Fruit Social 4:00 Let's Play Cards/Board Game 6:00 Movie</p>	<p>24 9:30 Morning Joe & News 11:00 Relaxation & Treats 1:00 Deal or No Deal Show 2:00 Name That Tune 3:00 P:izza Party 4:00 Short Stories 6:00 Family Movie</p>	<p>25 9:30 Simon Says 11:00 Enjoyable Snacks 1:30 Sing-A-Long 2:00 Name That Scent ? 3:00 Social Hour 4:00 Ball Toss 6:00 Family Movie</p>
<p>26 9:30 Spiritual Time 10:45 Coffee & News 11:00 Reflection Time 1:00 Afternoon Painting 3:00 Social Gathering 4:00 Sports Watch 6:00 Movie Time</p>	<p>27 9:30 Balloon Volleyball 10:30 Aromatherapy 11:00 Relaxation/Refreshments 1:00 Afternoon Matinee 3:00 Snacks Galore 4:00 Arts and Crafts 5:00 Dinner & Movie</p>	<p>28 9:30 Dancing w/ Colorful Scarves 10:30 Movement to Music 11:00 Refreshments/Relaxation 1:00 Balloon Volley 2:00 Poetry Flow 3:00 Snack Bar 4:00 Round Table Talk</p>	<p>29 9:30 Coffee & News 10:30 Coloring 11:00 Relaxation & Refreshments 12:00 Spaghetti Feast Luncheon 2:00 Arm Chair Travel Naples Italy 3:00 Social Mixer 4:00 Meal Prep and Dinner</p>	<p>30 Doctors Day! 9:30 Coffee & News 10:30 Coloring 11:00 Relaxation & Refreshments 12:00 Spaghetti Feast Luncheon 2:00 Arm Chair Travel Naples Italy 3:00 Social Mixer 4:00 Meal Prep and Dinner</p>	<p>31 9:30 Chair Exercises 11:00 Enjoyable Snacks 1:00 Sing-A-Long 2:00 Finish The Sentence 3:00 Fresh Fruit Social 4:00 Singing Time 6:00 Family Movie</p>	<p><i>Outdoor Activities are Subject to be change due to weather. / Our resident's remain Hydrated through out the day!</i></p>